

P P SAVANI UNIVERSITY

Third Semester of B.P.T. Examination
January - 2020

SEPD3040 Integrated Personality Development Course-I

30.01.2020, Thursday

Time: 9:00 A.M. to 11:30 A.M.

Maximum Marks: 60

Instructions:

1. The question paper comprises of two sections.
2. Section I and II must be attempted in separate answer sheets.
3. Make suitable assumptions and draw neat figures wherever required.
4. Use of scientific calculator is allowed.

SECTION - I

Q -1 Answer the following question selecting the most appropriate option given below it. [05]

- (i) **How many times Ratan tata read MOU.**
(A) 15 (B) 17
(C) 12 (D) 10
- (ii) **Which type of person puts an everlasting imprint on this earth during their life span?**
(A) Ordinary (B) Extraordinary
(C) Legends (D) Industrialist
- (iii) **What if I run at the speed of light? Will I see _____.**
(A) Light stable (B) Photon
(C) Neutrino star (D) Ultra sound wave
- (iv) **Which are the habits that successful people share?**
(A) Getting up early (B) Reading books
(C) Priority to exercise and avoiding time-wasters (D) all of them
- (v) **Roseto's Root Country is.....?**
(A) USA (B) India
(C) Japan (D) Italy

Q-2 Write whether the following sentences are TRUE or FALSE. [05]

- (i) Warren Buffett says that he develop 'listening relaxing music' as a most crucial habit.
- (ii) According to Ratan Tata, none can destroy a person but his own mind set can.
- (iii) Alexander believes that habits decide your future.
- (iv) According to George Washington, 99% of the failures come from people who have the habit of making excuses.
- (v) According to Richard Branson, reading books would double his productivity.

Q-3 Fill in the blanks in the following sentences selecting appropriate answer from the bracket. [05]

- (i) Hellen keller earn a Bachelors of Arts degree from _____ university. (Stanford, Harvard, Oxford)
- (ii) Ratan Tata is known to donate _____ of his wealth to different charitable causes. (65-70%, 30-35%, 50-55%)
- (iii) Which one is not a technique of Insignificance of failure? (Keep a learning attitude, The 24-hour Rule, 21- Day Challenge)
- (iv) Complete the equation. Hard work + _____ = Success (Prayer, Habit, Strong work)
- (v) Healthy group of friends is important, but don't forget that family is _____. (also important, first, forever)

Q-4 Answer the following sentences into two or three sentences. (Write any three)

- (i) Explain IPDC Challenge: Get-Together
- (ii) Write the five powerful techniques to make failures insignificant.
- (iii) Write the Four Quotient.
- (iv) How can we develop good habits?

Q-5 Answer the following sentences into five or six sentences. (Write any three)

[09]

- (i) 'My body is my Vehicle to Achieve my Dreams.'- Explain it.
- (ii) Explain: The 24-Hour Rule.
- (iii) "Write, Scratch and Replace", Explain this Activity.
- (iv) "Live everyday as if it were your last day." Explain this statement.

SECTION - II

Q-1 Write the short notes on the following topic in about 100 words. Each short note contains five marks. (Write any six) [30]

- (i) How do Habits Form?
- (ii) Explain: 21-Day Challenge.
- (iii) 'The Roseto Effect'- Explain This Research.
- (iv) "Failure is the first step to success." Explain this statement.
- (v) What is the Massage of Devashish Ghosh Life story?
- (vi) "Good habits formed at youth make all the difference." Throw the light on this statement.
- (vii) "A powerful thought can change the world." Explain it.
